



Career Education Grade 9 Change and Growth (CG)				
Outcome	1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>CG9.1</b> <b>Plan for, demonstrate, and document improvements of one's own capacity for building a positive self-image.</b>	<ul style="list-style-type: none"><li>I can <b>take an inventory</b> of my personal skills, such as time management problem solving, and life/work balance.</li></ul>	<ul style="list-style-type: none"><li>I can <b>plan</b> the integration of personal skills, such as time management problem solving, and life/work balance, into my life.</li></ul>	<ul style="list-style-type: none"><li>I can <b>demonstrate</b> that I have integrated <b>a few</b> personal skills, such as time management problem solving, and life/work balance, and I can <b>document the improvements</b> to my self-image.</li></ul>	<ul style="list-style-type: none"><li>I can <b>show the impact</b> of the integration of selected personal skills on my life.</li></ul>
Comments				



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<b>CG9.2</b> <b>Appraise one's own abilities to respond positively to change and growth.</b>	<ul style="list-style-type: none"> <li>I can <b>identify my own</b> responses to change and growth.</li> </ul>	<ul style="list-style-type: none"> <li>I can <b>identify, from research</b>, several strategies that describe how individuals might respond positively to change and growth.</li> </ul>	<ul style="list-style-type: none"> <li>I can <b>compare</b> my responses to change and growth to strategies I have identified for responding positively to change and growth.</li> </ul>	<ul style="list-style-type: none"> <li>I can <b>recommend changes</b> to my own responses to change and growth based on the comparison between my responses and strategies derived from research.</li> </ul>
Comments				